

HSD CLASS NOTES: 2022.10.04

October 4, 2022

TO: ALL WONDER HSD MEMBERS

MEMO: **HSD CLASS NOTES: 2022.10.04**

DATE: Tuesday, October 04, 2022

Please remember to practice DURING Break and earn points for your team!

PRELUDE BAND (Beginner Students)

- Practice Time: 10-15m/5d
 - Standard of Excellence Book 1 aka Red Book: p6-8, p39 #4, #12
 - Test: p8 #17
 - Breathing!
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TRAINING BAND (2nd Year Students or Above)

- Practice Time: 30m/5d
 - Method Book 1: page 2-3, page 40 #3
 - Test: page 2 #2 page 3 #6
 - Percussion: Practice at least 30 minutes for 5 days any music of your choice (could be from method book 1)
 - Trumpet Trio: Work on trio music and duet music in addition to other classwork
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PRELUDE ORCHESTRA (Beginner Students)

- Practice Time: 15m/5d
- Parents and Students: Please keep nails regularly trimmed
- Cello
 - Listen: Suzuki Playlist
(<https://www.youtube.com/watch?v=xgjRQfXvXDg>)
 - Air Bow Rhythms
 - Mississippi Stop Stop
 - Strawberry Pineapple
 - Watermelon Peanut Butter
 - BOW ASSIGNMENT
 - 100 bow holds! Each day, if your house has stairs, practice bow hold on the bottom stair, and go up one stair, do a new bow-hold, shake out hand and take a step.
 - Up Like a Rocket
 - Up like a rocket, down like the rain,

- Back and forth like a choo choo train.
- Round and round like a great big drum,
- Land on your head curved pinky and thumb.

- Viola

- Watch Pre-twinkle: Setup Exercises Videos: <https://a-musician-is.com> (password: amusicianis)
- Listen: Suzuki Playlist (<https://youtu.be/BuhoXS51ufI>)
- Observation Video (3x this week): Both are HaeSu Lee but 9 years apart. JC Bach and Brahms
 - <https://youtu.be/xaUMsIh4yFs>
 - <https://youtu.be/76bzTN724K0>
- Body Balance Sequence (3X a day): ([print attachment](#))
- Rest to play position (https://www.youtube.com/watch?v=UAE87XSSW9c&list=PLQgFue6DLggg_7ggJE7c9uBmU3F7UsW3Y&index=3&t=198s)
- Soaping Rhythms (https://www.youtube.com/watch?v=Hlp0McYrNaw&list=PLQgFue6DLggg_7ggJE7c9uBmU3F7UsW3Y&index=1&t=4s)
 - Mrs. Twinkle Stop Stop
 - Zip Twinkle, Zap Twinkle
 - Apricot, Apricot
 - Twinkle Little Baby Brother
 - Twinkle (shh) Pop (do not move on shh)
 - Grandpa, grandpa, grandpa, slow
- Viola Spot Sequence (need to print)
 - Pulse Keeping
 - Finger Taps w finger numbers
 - Bunny
 - Bounce bunny while listening to etude
 - Bunny motions – up like a rocket, wheels on a bus, windshield wipers, fishing, stir the soup. Bounce off hand
 - Viola parts
 - Musical Alphabet
 - String names while plucking CCC going up to GGG going up to DDD going up to AAA Going down to DDD going down to GGG going down to CCC
 - viola in rest position
 - take a bow w/viola in rest position
 - in rest position hang left thumb on neck
 - in rest position tap top of viola on C string side with left hand
 - puppy dog waves
 - slide fingers on left hand

- Violin

- Watch Pre-twinkle: Setup Exercises Videos: <https://a-musician-is.com> (password: amusicianis)
- Listen: Suzuki Playlist (<https://www.youtube.com/watch?v=gfU-00JeFbY>)
- Rest to play position

- (https://www.youtube.com/watch?v=UAE87XSSW9c&list=PLQgFue6DLggg_7ggJE7c9uBmU3F7UsW3Y&index=3&t=198s)
 - Clapping Rhythms
 - (https://www.youtube.com/watch?v=Hlp0McYrNaw&list=PLQgFue6DLggg_7ggJE7c9uBmU3F7UsW3Y&index=1&t=4s)
 - Mrs. Twinkle Stop Stop
 - Zip Twinkle, Zap Twinkle
 - Hippity Happity
 - Twinkle Little Baby Brother
 - Twinkle (shh) Pop (do not move on shh)
 - Bunny to Bow Grip
 - (https://www.youtube.com/watch?v=Ncyzq-N1Kvk&list=PLQgFue6DLggg_7ggJE7c9uBmU3F7UsW3Y&index=2&t=118s)
 - BOW ASSIGNMENT
 - 20 bow holds! Each day, if your house has stairs, practice bow hold on the bottom stair, and go up one stair, do a new bow-hold, shake out hand and take a step.
 - Up Like a Rocket
 - Scrubbing
 - (https://www.youtube.com/watch?v=rvivk_ctX6s&list=PLQgFue6DLggg_7ggJE7c9uBmU3F7UsW3Y&index=5&t=28s)
 - Pull both arms out in front of you like frankenstein
 - Bend your right arm to rest your right hand at the top of your left arm
 - Move the right hand up and down your left arm in order conjunction with the bunny rhythms
 - Penguins
 - (https://www.youtube.com/watch?v=qv1FwrUqdVY&list=PLQgFue6DLggg_7ggJE7c9uBmU3F7UsW3Y&index=15&t=38s)
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TRAINING ORCHESTRA (2nd Year Students or above)

- Practice Time: 30m/5d
- Remember Practice Records
- Cello
 - Review
 - Twinkle
 - French Folk Song
 - Lightly Row
 - Song of the Wind
 - Please do your best to prepare a piece of your choice to play in class time.
- Viola
 - Listen: Suzuki Playlist (<https://youtu.be/BuhoXS51ufI>)
 - Watch: The preparation videos and how to play videos for the pieces are on my youtube channel Violin and Viola lessons with Laura. It is too much to link each video individually for Twinkle through Go Tell Aunt Rhody plus the bowing video for O Come Little Children.

- Observation Video: Both are HaeSu Lee but 9 years apart. JC Bach and Brahms
 - <https://youtu.be/xaUMsIh4yFs>
 - <https://youtu.be/76bzTN724K0>
 - Review
 - Twinkle
 - French Folk Song
 - Lightly Row
 - Song of the Wind
 - Go Tell Aunt Rhody
 - Scale: D Major Scale
 - Preparations for the above pieces and bowing preparation for O Come Little Children
 - I can read music Lesson 1-8
 - Say letter names in one piece every day
 - Violin
 - Review
 - Twinkle
 - LIGHTLY ROW
 - Song of the Wind
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MIDPOINT ORCHESTRA (3rd Year Students or above)

- Practice Time: 60m/5d
- Remember Practice Records
- Scales
- Cello
 - Schroeder 40
 - Bach suites
 - Please do your best to prepare a piece of your choice to play in class time.
 - Please bring: Suzuki B7 (for review) and 8 to dive into!
- Viola
 - Observation Video: Both are HaeSu Lee but 9 years apart. JC Bach and Brahms
 - <https://youtu.be/xaUMsIh4yFs>
 - <https://youtu.be/76bzTN724K0>
 - Listen: Suzuki Playlist: Book 3 or 5 whichever book working in
 - Suzuki Book: 3 or 5
 - Scales: C, G, D, A
 - Suzuki Review: First 4 pieces in book 3
 - Ensemble Répertoire: The ones we worked on in class
- Violin
 - Listen: Suzuki Playlist
 - Suzuki Book: Your current book
 - Scales: G Major Scale
 - Suzuki Review
 - Ensemble Répertoire

RECORDERS 1

- Practice Time: 15m/5d
- Remember Practice Records
- Because we don't have class next week, this means you should have practiced for 2 hours total by next class)
- During your practice, please work on:
 - Posture
 - Setting up your stand (if you don't have a stand, please try to get one within the next couple weeks)
 - Reading Music (REMEMBER: FACE = SPACE, and Every Good Boy Does Fine [E, G, B, D, F]. Always spell up the music staff.) To practice this, look through your method book and find some songs to read.
 - Fingering for the B, A, and G notes. Make sure you cover up the entire hole and blow softly.
 - Instrument Care: Don't forget to "blow" out your recorder after every practice section! One time this week, please rinse it with warm water and make sure it dries.

~Miss Emily

RECORDERS 2

- Practice Time: 15m/5d
- Remember Practice Records
- During your practice, please work on:
 - Posture
 - Setting up your stand (if you don't have a stand, please try to get one within the next couple weeks)
 - Reading Music (REMEMBER: FACE = SPACE, and Every Good Boy Does Fine [E, G, B, D, F]. Always spell up the music staff.) To practice this, look through your method book and find some songs to read.
 - Fingering from low C up to high E. Make sure you cover up the entire hole and blow softly.
 - Please work on the "Extending Your Range" and "It's Me O Lord" songs on page 2.
- Instrument Care: Don't forget to "blow" out your recorder after every practice section! One time this week, please rinse it with warm water and make sure it dries.
- Have a great week!

~Miss Emily

PRIME CHOIR

- Practice Time: 15m/5d
 - Remember Practice Records
 - Warm Up: solfege low Do to hi Do WITH hand signs. “Plop” descending So, Fa, Mi, Re, Do
 - Complete “Do, Re, Mi” song writing in solfege. Practice this song.
 - Listen to Rev. 19 song and sing with music in front of you (<https://www.youtube.com/watch?v=8eKCFqhUll0>)
 - BRING BLACK 3-ring BINDER AND PENCIL to class!
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YOUTH CHOIR

- Practice Time: 15m/5d
 - Remember Practice Records
 - Fill in solfege (Do, Re, Mi...) for the line you didn't sing on the “2 Part Exercises sheet” No. 1
 - Warm up with this, but use solfege instead of numbers
 - Listen to Rev. 19 , practice through m49 (<https://www.youtube.com/watch?v=8eKCFqhUll0>)
 - BRING BLACK 3-ring BINDER AND PENCIL to class!
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SIGNS AND WONDERS: ASL SIGNING CHOIR

- No class notes for this week.
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MUSIC FOUNDATIONS

- 1B & 2A: review measures 1-3 of [Daily Do](#)
 - 1A & 2B: review measures 1-6 of [Daily Do](#)
 - [Solfege Video](#)
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DANCE

- Practice Time: 10m/5d
- Remember Practice Records
- Stretch! Stretching will help you to become more flexible and get your muscles ready to dance!
- Foot positions (1st, 2nd, 3rd, 4th, 5th)
- Arm positions (preparation, 1st, 2nd, 3rd, 4th, 5th)

OPEN GYM

- No class notes for this week.
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ART (DRAWING & WATERCOLOR)

- Remember to bring your sketchbook, pencil pouch and ruler every week.
 - Parents: If your child wishes to draw during the break please consider printing out a simple contour line drawing for them to copy. Have your child flip the image upside down and practice “seeing” the lines while they draw.
 - This week they did a great job with their [Picasso](#) art.
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ART (TEXTILES – EMBROIDERY)

- Great Day! Feel free to practice stitches learned on the practice blank fabric provided.
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ART (PHOTOGRAPHY)

- Practice putting together camera equipment. Please be careful. Practice cleaning equipment.
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THEATER

- No class notes for this week.
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LITTLE MOVERS & LITTLE SHAKERS & LITTLE CYCLES

- Parents, once you receive your materials packet please download the code to your devices and play the recording daily or use the CD! You will be amazed at what a difference playing these recordings will have on your child and what they do and accomplish each week in class. Just as your older children must listen to their Suzuki recordings and become familiar with the music and rhythms so your Littles need to listen to their music. If you would like to purchase additional instruments for the family go online to Musikgarten.org and order them...

MUSIC MAKERS 1

- Once you have your materials be sure that you download and/or listen to the recording... The recordings are very important for your child and you. Doing music together during the week and becoming familiar with the music, playing the games and doing activities together that are suggested in the parent handbook is very key to getting the most out of your music class. Just as older children must listen to their Suzuki recordings, so your younger child needs to listen to his/her recordings...(many of these songs are in the Suzuki methodology!)
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MUSIC MAKERS 2

- Talk with your children about England and what you may know about it. What other countries do you know about?
 - Listen to the recording and keep it available to your child and listen to it together!
 - Listen to Old King Cole add instruments? Hot Cross Buns: hand clap
 - Look at your child's binder and the Song Pages. Sing and point to the notes while singing the song. Do the activities on page 14 of the parent handbook
 - Copy your new cards; Draw a picture of your favorite part of the story Dick Whittington and His Cat (Parent book has the story in it)
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DISCOVERY

- Please bring socks for next week. While in the class students will not wear shoes.
 - Check-in: Please be sure to check your student in at GYM A doors at the end of lunch
 - Check-out: Please be sure to quietly check your student out in room 209 (or Middle School room for those who are doing Littles Dance)
 - Dance
 - No Practice Records required
 - See if you can remember the foot positions we learned (1st, 2nd, 5th)
 - Practice skipping and leaping!
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PLAYROOM WITH GUIDE FOR STAFF AND HELPING HANDS

- After Lunch Check-in: Please be sure to check your student in room 212
- Please be sure to check out your student out with the Playroom Staff or Helping Hands

LAB

- No class notes for this week.
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STUDY HALL

- No class notes for this week.
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JUNIOR HELPERS (STUDENT VOLUNTEER)

- No class notes for this week.